

Emergency Medical Snapshot

The information someone may need quickly when you cannot explain it yourself.

LIFE MADE SIMPLE

Full name Date of birth

Home address

Emergency Contacts

Primary contact Phone

Relationship

Secondary contact

Healthcare Team

Primary care provider Phone

Preferred pharmacy Phone

Preferred hospital

Allergies & Important Reactions

Medication allergies / reactions

Food / other allergies

Include the reaction or severity if known.

Current Medications - Quick View

-
-
-
-

Use an additional medication list if more space is needed.

Medical Conditions & Important Notes

Insurance Information

Primary insurance

Member / policy #

Secondary / supplemental

Advance Care Documents

☐ Healthcare Proxy / Medical POA

☐ Advance Directive

☐ DNR / other medical order

Location

Communication & Other Essentials

Communication / sensory needs

Medical devices / implants

Last updated

Review when medications, care, insurance, or important documents change.

IN AN EMERGENCY: CALL 911

Provide this page to first responders or medical staff when appropriate.

